

ENERGY IN ACTION

REDUCE



Turn off unused lights

Turning off lights can add up to big savings and light bulbs will last longer too! For each light bulb turned off for 4 hours a day, you can save **\$8 per year**. Multiply that by all the bulbs in your home and watch the savings increase!

This could save

\$80*
per year

ADJUST



Set your thermostat

Adjusting your thermostat temperature overnight and while away from home will help you save energy. For every degree you set back, you will **spend 1% less** on energy costs!

	WINTER	SUMMER
OCCUPIED	68-72°	74-78°
AWAY/ASLEEP	60-65°	80-82°

This could save

\$80*
per year

POWER DOWN



Turn off electronics

Electronics turned off, but plugged in, still consume energy. This is called Phantom Energy and can raise bills by **3% each year**. Whenever possible, turn off powerstrips or unplug small appliances to eliminate phantom energy costs.

This could save

\$30*
per year

TOTAL SAVINGS

\$190 each year

*Estimated savings based off the average household.

COMMITMENT TO ACTION

I PLEDGE TO

- Reduce** **Adjust** **Power Down**

SAVE ON ENERGY

By committing to this pledge and taking action to spend less on your utility costs, you will have more money to spend on other important needs. Which is the most important for you and your family?

- | | | |
|---|--|---------------------------------------|
| <input type="checkbox"/> Groceries | <input type="checkbox"/> Savings | <input type="checkbox"/> Child Care |
| <input type="checkbox"/> Medical Expenses | <input type="checkbox"/> Clothing | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Transportation | <input type="checkbox"/> Family Activities | |

ADDITIONAL ENERGY SAVINGS OPTIONS

WATER

- Run full loads of dishes
- Air dry dishes
- Fill up sink when washing dishes
- Wash laundry in cold water
- Run full loads of Laundry
- Hang clothes to dry

HEATING & COOLING

- Keep curtains closed in summer
- Open curtains in winter
- Use fans to circulate air
- Replace furnace filters 4x a year

ELECTRONICS & APPLIANCES

- Set computers to sleep mode
- Set fridge to 36-40° F
- Turn off heated dry on your dishwasher
- Clean lint filter on dryer after every load
- Use the microwave oven over the traditional oven
- Eliminate extra fridges and freezers if possible
- Eliminate space heaters



**ENERGY
OUTREACH
COLORADO**